

The Handling Life Program

The story behind this program is very personal for me. Just a few years ago, I felt like my life was falling apart. I was stressed out and anxious all the time, and it seemed I was always dealing with conflict. I was seeking happiness and stability but ended up with misery and headaches, and it seemed no matter what I did, I could never get all the pieces of the puzzle to fit together.

The odd thing is I wasn't out getting drunk or cheating on my wife. I was working hard and taking care of my family. From all worldly standpoints, I was doing everything right. So, what was my problem?

My problem was I chose to do things my way instead of God's way. I wasn't actively trying to develop a relationship with God, nor was I actively applying His word to my life. Ultimately, this decision caused "storms" in my life and the lives of those around me.

Why did I choose to do things my way? There were three main thoughts.

First, the thought of giving God control didn't suit me. In my mind, I fought the idea of giving God control because I didn't want to subject myself to a bunch of "laws and rules."

Second, the thought of coming back to God, and resolving the issues in my life was overwhelming.

Third, the thought of admitting to my wife I hadn't been the man of God I claimed was embarrassing.

What was my response to these thoughts? I ignored them by focusing on other things. This strategy worked for a time period, but eventually, I couldn't handle the stress. My efforts to do things my way failed. I wasn't in control of my life.

Want to know the sad truth? The issues I had created in my life were SO much harder to deal with than the process of coming back to God. While I thought the process of coming back to God was going to be this uphill battle, it wasn't. The uphill battle was trying to do things my way and get the results I wanted.

What I'm getting ready to say doesn't make sense from a human perspective. Do you know what happened as I turned back to God? The more I started to obey God and apply His word to my life, the



more control over my life I got. If you have ever experienced it, you know exactly what I'm talking about. If you haven't experienced it, you will know exactly what I'm talking about when you do.

Please know I haven't perfected this, nor will I. However, I now clearly understand it's a moment by moment process where every decision I make, every word I speak, every action I take is a choice, and the choice is quite simplistic. I can choose to do it God's way, or I can do it my way.

I know the only chance I have of choosing God's way is through building and maintaining my daily walk with Him. I also know, if I'm not spending time with God, my flesh is going to take over, and I'm going to choose my way.

If you are asking yourself, "what does this guy know about me?" Well, that's an excellent question, and the answer is most likely I know very little about you. I don't know what's going on in your life, I don't know your thoughts, and I don't know what choices you have made, BUT I know whatever is going on in your life, God's word has a solution for it.

Even though you feel alone or feel no one understands your situation, or feel others are going to judge you - let me assure you of something - God has never left you, God understands your situation, and God doesn't care what others say about you.

Designed to Help You

This program is a result of God placing a burden in my heart to share the process, the struggles, and the steps I went through when turning back to Him. I must tell you when God first laid this on my heart, I didn't want me to share my failures with anyone. I didn't want to tell ANYONE I was struggling, I mean, seriously, why would I want strangers to know my personal business?

Well, here's why, 1 Peter 3:15 says, "be ready always to give an answer to every man that asketh you a reason of the hope that is in you." You see, God wants me to tell you that you are NOT alone, and there is hope!

Christians are called to help each other, and thankfully God placed a Godly man in my life who helped me. Over two years, Howard Wilburn met with me, listened to me, talked with me, shared scriptures with me, and not once did he ever judge me. I

know with 100% certainty that God forgave me and restored me, BUT I also know with 100% certainty that my brother in Christ was sent by God to help me.

Now I want to challenge you, help you, and encourage you. Please know, I'm not preaching at you, I'm extending a hand to help you through this process. My prayer is this program will give you the strength, courage, and steps needed to turn back to God! As a brother in Christ, I want you to know God loves you, and He cares for you, and He wants you to return to Him.

This Program is for YOU

Not sure this is for you? No worries, at one time, I wasn't sure it was for me. So, let me challenge you this one simple question, "are you happy with the way your life is going?" If no, then this program is for YOU.

Think about it, your way isn't working, and you aren't getting the results you want. Honestly, this is precisely why I gave into God. I was tired of doing things my way and getting results I didn't want.

You see, if you choose to stay on your current path, you can expect the storms to get worse. You can expect life is going to continue getting harder and harder, just as they did for Jonah.

At this point, you have two options:

- 1. Ignore God** and His word, do nothing, and continue your current path.
- 2. Obey God** and His word, develop a relationship with Him and experience the joy, peace, comfort, harmony, and balance which comes from having a relationship with Him.

It's time to stop ignoring God. It's time to start obeying Him and applying His word to your life.

Just so you know, the solutions to your problems are quite simple. However, the implementation of these solutions is the hard part. Why? Because you can't serve two masters. You can't serve God and yourself at the same time. But I promise if you stick with this program and do things God's way, the result will be 100% worth it.

*What does your life look like?
Take the Handling Life Assessment Quiz
at HandlingLife.org/Quiz and find out!*

*Access the Handling Life program online
at HandlingLife.org/Program*